



## **NDSS Senior Girls Bhangra Team (2011/2012) Contract:**

**This contract is to ensure that all team members are fully committed to our official NDSS Bhangra team. You must abide by the following rules:**

- 1) I will represent NDSS in a respectable and responsible way in accordance with the "School District Code of Conduct".
- 2) Class work, home work and good conduct in the school is vital & takes priority.
- 3) **I shall not perform in any private events representing NDSS Bhangra Team** without the prior consent of my team sponsors, Ms. Dhanoa or Ms. Dhillon
- 4) Have permission from parents/guardian to perform at events  
I will offer encouragement, support and help to better our team
- 5) I will follow the instructions, practice schedule, event schedule, team meeting schedules and other information from my team managers.
- 6) Have a **positive attitude**. (not just verbal, but body language speaks volumes). (Zero tolerance for bad attitude or bad behavior).
- 7) I will not challenge, over-rule, talk back or show disrespect regarding sponsor's decision for the team.
- 8) I will not exercise lack of respect, back-talk, pull rank or override my coaches.
- 9) I will come to meetings on time and stay until till the meeting adjourns.
- 10) Come to all practices that have been organized by coaches & team managers If I happen to miss a practice, it is my responsibility to catch up.
- 11) I will stay on task during practices,
- 12) I will be on time. If I miss a practice I will have a valid excuse.
- 13) I will be willing to follow dance moves/routine as instructed to me by coaches and or team captains.
- 14) If I happen to develop an issue or dilemma with someone (on the team) I will talk it over with them, to resolve it, and not get others involved. NO GOSSIPING. (if everything else fails, Ms. sponsors will offer intermediary support)
- 15) If there are any events or fundraisers I will contribute equally.
- 16) If I have a personal matter I will forget it when I come to practice and try to perceive an affirmative outlook.
- 17) I will not cut practices for my own benefit (for example: to meet a boyfriend/girlfriend or go shopping, and etc.)
- 18) Absolute Zero tolerance for fighting, swearing, name calling.
- 19) It will be my responsibility to read emails & keep on top of communication.
- 20) Not book my doctor, dentist appointments on the day or time of practices.
- 21) I fully understand that 3 strikes (XXX) against me means I'm discharged from team.

**By signing this contract I agree to all the terms listed above, and I am fully aware by signing this agreement I will have to obey all of the above regulations and rules. If I don't abide by the contract, I will be released from the team.**

**Student Name (Print clearly)** \_\_\_\_\_

**X** \_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date